

2023 BC School Sports Vancouver Island Aquatic Championships

Sunday, October 22, 2023
Saanich Commonwealth Place
4636 Elk Lake Drive
Victoria BC V8Z 5M1

MEET PACKAGE

Host School: Stellys Secondary

Host Club: Saanich Peninsula Piranhas Swim Club

Meet Officials

Meet Manager: Paul Miller/Laurel Laturus

Meet Referee: Brian Bikadi

Clerk of Course: Mark Duffell

Recorder/Scorer: Lisa Duong

Quantum Timing: Rosamund Miller

Meet Schedule

Check in for Swimmers/Officials/Teachers/Coaches: 8:00 a.m. to 10:00 a.m.

Group A Warmup: 9:30 a.m. to 10:00 a.m.

Group B Warmup: 10:05 a.m. to 10:35 a.m.

Scratches due by 9:30 a.m.

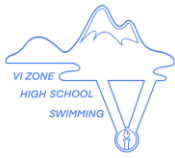
Officials/Timers Meeting: 10:00 a.m.

Coaches Meeting: 10:40 a.m.

Events: 11 a.m. to 4:30 p.m. *estimated

Course: 25 metres - 8 Lanes, 2 Cool Down Lanes in East Pool
Starting blocks and Quantum Timing System

Note: This is an unsanctioned meet.



IMPORTANT DATES

September 27th, 2023: Meet T Shirts Order Deadline

October 4, 2023 BCSS Team registration deadline(STARS)

October 18, 2023: BCSS Roster athlete registration deadline(STARS)

Thursday, October 12, 2023 10 p.m.: Zone Meet entry deadline

Tuesday October 17, 2023 12:00pm: Scratches due for Zone Meet

Saturday, Nov. 4, 2023: Scratches are due to VI Zone Rep for Provincial Advancers

Wednesday November 8th: Final Zone Entries are due for Provincials by Clerk of the Course.

BC School Sports Team Sport Registration

It is the Athletic Director's responsibility to ensure their school is registered with BC School Sports (BCSS) and in Aquatics by the October 4, 2023 deadline. Roster registration for each athlete must be completed in STARS by October 18, 2023. BCSS will assess penalty fines for late registrations.

VI ZONE MEET ENTRY INSTRUCTIONS

Zone Meet Entry Deadline: Thursday, October 12, 2023 at 10 PM

- Schools will be provided with excel files to fill in team rosters and entries. Look to our website for downloads: <https://www.vihighschoolswimming.ca/zone-championship-meet>
- Swimmers must record a time at the Zone Meet in any one event to be eligible to swim at the Provincial Championship Meet.
- Email all Meet Entries to: viswimentries@gmail.com by Thursday, October 12, 2023 at 10pm. Late entries will not be accepted.
- Enter swimmers for events under their own school, regardless of who coaches them.
- NEW: we do not require Swim BC or BCSSA Swimmer ID numbers this year. ID numbers will be assigned by meet management.
- A psych sheet and fee report will be sent by e-mail on Sunday October 15, 2023. Please review for any errors and advise of necessary corrections. Corrections and Scratches must be returned to: viswimentries@gmail.com prior to Noon **Tuesday October 17, 12:00pm**. Corrections are for input errors only, and are not intended to change swimmers' events after the psych sheet is published. Save and print your entries to bring to the meet.
- Once the meet is seeded, scratches will be taken, but the meet WILL NOT BE RESEEDED.
- Teachers/Coaches: Please include names and cell phone numbers with your entries so we can contact you on the day of the meet with any questions or emergencies.
- Remember to enter PARA swimmers in the B category events. After Zones they will be seeded in the appropriate Event number for Provincial Championships.

Entry fees: \$40 (Includes the SCP \$5 Facility Enhancement Fee and a commemorative T Shirt)

per swimmer up to a maximum of 4 events, including relays & alternates.

Cheques made payable to **Saanich Peninsula Piranhas Swim Club** due to the Clerk of the Course at the Zone Meet. E transfers may be made to treasurer@sidneypiranhas.com



Warm up

- Warm up lane assignments will be sent by email, posted on the VI Zone Website and posted at the meet.
- Two warm up/cool down lanes will be available throughout the meet in the east competition pool.
- **Sprint/Dive Lanes:** Lanes 1 & 8 in each warmup pool will open with 10 minutes remaining in each session for Dives and Sprints.

Volunteers

Volunteers are needed to run the meet! Parents, this is you!

- Timers
- Deck Officials: SwimBC and BCSSA officials are required.
- Food Service Lead and helpers.

Sign up online: <https://www.signupgenius.com/go/8050C4FAAAE2DA7F94-2023>

More details on VI High School Zone Swimming are available on our website at

www.vihighschoolswimming.ca

Food Service:

Food is not allowed on deck at Saanich Commonwealth Place. Food for coaches, officials and timers will be available in the Aquatic Classroom at the end of the East pool. We encourage timers and officials to get a snack before or after their shifts.

Water bottles/Coffee mugs

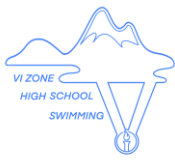
Please bring your own water bottle to be environmentally responsible.

Swimmer Categories:

All swimmers are limited to a total of four events including alternate entries.
This is an unsanctioned meet; no times recorded at this meet by SNC / SwimBC members may be used for Provincial or National Qualification or any Team selection.

All swimmers must be correctly classified in the appropriate category, or they will be removed from their individual events and relays. Please ensure your swimmers are honest about their swimming background. A complaint could result in a severe impact on the swimmer's school's results.

A Category



- **Any swimmer with an SNC number who has competed in a Winter Swim Meet OR has swum with a year-round club as of September 1 of the previous year is classified as an A category swimmer.**
- Swim academy athletes must participate in the A category only.
- B swimmers can compete in any A Category due to no SNC sanction. No SNC number is required to swim in the A Category.
- International swimmers that have participated with a year-round club in their own country are considered A swimmers.

B Category

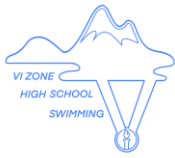
- As of January 1st of the championship year, a B Category swimmer trains and competes from May 1st to September 1st with no restrictions.
- From September 2nd to April 30th a B swimmer may train with their high school team and may participate in other speed swimming training such as winter maintenance, Triclub, and private coaching. They may not compete in a Winter Swim Meet with an SNC number.
- Any swimmer in the A category who is registered in a B event will be disqualified from the Meet. This includes relay teams.
- B swimmers may swim in B or A category relays but may not swim in the same relay in both the A and B event. (Ex. 200 Free A Relay or 200 Free B Relay, but not both).
- B swimmers are not permitted to swim in both A and B individual events of the same race.

Para Category

- A Para swimmer can compete in any BCSS event. A Para athlete must follow the classification as per Swimming Canada. He or she will be placed in order of finish by gender. Enter all Para swimmers in B Events only. Para swimmers will be placed in the appropriate event number at Provincials.

Zone Championship Meet Rules

1. All competitors must be registered with BC School Sports and meet BCSS eligibility rules. Any swimmer who is not registered faces disqualification and/or school fines.
2. The meet will use the One Start Rule, and the relay rules.
3. Swimwear will adhere to section 15 of the SNC Rulebook. Most swimsuits are acceptable if they do not provide an unfair advantage.
<https://www.swimming.ca/content/uploads/2023/07/2023-Swimming-Canada-Rulebook-July-20-2023.pdf>
4. Each swimmer is limited to a total of 4 events. These events may be individual swims, relays or a combination. Listing as an alternate on a relay will count as one of the 4 events.
5. All entries must have times; No-time entries will not be accepted. The time is for seeding purposes. This ensures that swimmers swim against others with similar times.
6. Freestyle, Butterfly and Breaststroke starts will be a series of short whistle blasts followed by a long whistle at which time the swimmers will mount the blocks. Backstroke starts will have a long blast where swimmers will enter the water. At a second long blast swimmers will return to the start position. The Referee will signal the starter by an outstretched arm,



following which the starter will instruct the swimmers to “take their marks” and will then cause a beep signal. The swimmers will start on the beep signal.

7. A-category swimmers may not compete in B events.
8. B-category swimmers may compete in A-Category events (both individual and relays).

Relay Rules

9. Any swimmer who swims at the zone meet is eligible to swim on a relay at the Provincial meet.
10. Mixed relay events must include 2 boys and 2 girls. Single gender schools are not permitted to combine for the purposes of creating a mixed relay.
11. No more than 2 teams from each school will be allowed to compete at Zones in each relay event.

TEAM REGISTRATION: Day of Meet

The team's teacher sponsor or approved designate must check in with the Clerk of Course on the pool deck before Warmups. You will need to have the following for your swimmers to participate at the Zone Meet:

- 1) Payment – Please make all cheques payable to Saanich Peninsula Piranhas Swim Club or arrange for E Transfer to **treasurer@sidneypiranhas.com**
- 3) Sponsor Teacher/Coach Contact Information: Please ensure that contact information for each school's coach or teacher is entered in the events entry spreadsheet.

SCRATCHES: Coaches must inform the Clerk of the Course of any scratched swimmers. Scratches will be accepted until 9:30 a.m. on the day of the meet.

SWIMMER SUPERVISION

If a sponsor teacher/coach is not accompanying the swimmer(s), a designated parent or alternate needs to have a letter from the school authorizing them to make decisions on behalf of the school (eg. DQ protests, etc). Please ensure to include contact information with meet entries so we can contact you with questions or emergencies.

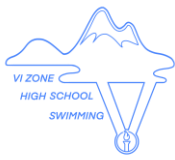
PROVINCIAL MEET ENTRY INFORMATION

The 2023 Provincial Meet will be held in Nanaimo November 17th and 18th 2023. Details on the BC School Sports Website:

https://provincials.bcschoolsports.ca/leagues/custom_page.cfm?clientID=6992&leagueID=34347&pageID=22283

The VI Zone will have the following number of berths available for the Provincial Meet:

- Top 5 entries in each individual event.



- Top 5 relay teams per relay event advance, with the EXCEPTION that only two relays from the same school per event may advance to Provincials.
- Following the Zone meet **ALL scratches** are due to the zone rep by **Saturday, November 4, 2023, 5:00pm, even if swimmers/relays are not in an advancing position.** This includes any alternates who may move into spots. Alternates will not be allowed after the scratch deadline. Reminder: Schools are responsible for payment to the Aquatic Commission for swimmers who scratch after the Nov 14th Provincial scratch deadline.
- Following the Zone meet, revised qualification lists will be posted on the VI Zone website to reflect new qualifiers due to scratches. It is important that school representatives/coaches review regularly as scratches may move swimmers into qualifying positions. Failure to do so may prevent swimmers the opportunity to participate at provincials.
- Once the final qualifier’s list is determined after November 4th our Clerk of the Course will submit all VI Zone entries to the Provincial Meet Manager.

AWARDS AND SCORING

Meet T Shirts will be included in meet fees in lieu of certificates and ribbons. Final point totals by school will be published with final results and will be available to view on Meet Mobile.

Please submit orders for swimmer T Shirts by Wednesday September 27th. Links to order forms are available on the VI Zone Website at: [Zone Championship Meet | VI ZONE \(vhighschoolswimming.ca\)](https://vhighschoolswimming.ca)

Points System for Scoring the Zone Championship Meet

Individual events

1 st	2 nd	3 rd	4 th	5 th	6 th	7 th	8 th
10	8	6	5	4	3	2	1

Relay events

1 st	2 nd	3 rd	4 th	5 th	6 th	7 th	8 th
20	16	12	10	8	6	4	2

PARA scoring is a reverse format and based on the number of swimmers in each event.

Example: 8 swimmers (20-18-16-15-14-13-12-11)

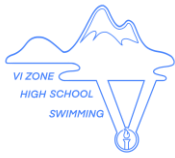
4 swimmers (14-13-12-11)

1 swimmer (11)

BOB SMIRL AQUATIC AWARD (4 x \$100.00) - Vancouver Island region

Bob Smirl was a dedicated swimmer (backstroker), who made a lifelong commitment to developing and promoting swimming in the community.

The Bob Smirl Aquatic Award will be made to 4 graduating students by random draw during the Zone Meet.



The winners will be announced on October 22nd during the Vancouver Island zone meet.

**VANCOUVER ISLAND ZONE SWIMMING CHAMPIONSHIPS
ORDER OF EVENTS**

Events: 11 a.m. to 4:30 p.m.

Event #	Event	Category	Event #	Event	Category
1	200 Medley Relay	Girls B	24	100 Freestyle	PARA
2	200 Medley Relay	Boys B	25	100 Freestyle	Girls B
3	200 Medley Relay	Girls A	26	100 Freestyle	Boys B
4	200 Medley Relay	Boys A	27	100 Freestyle	Girls A
5	50 Freestyle	PARA	28	100 Freestyle	Boys A
6	50 Freestyle	Girls B	29	200 Mixed Medley Relay	B
7	50 Freestyle	Boys B	30	200 Mixed Medley Relay	Open
8	50 Freestyle	Girls A	31	50 Butterfly	PARA
9	50 Freestyle	Boys A	32	50 Butterfly	Girls B
10	50 Backstroke	PARA	33	50 Butterfly	Boys B
11	50 Backstroke	Girls B	34	100 Butterfly	Girls A
12	50 Backstroke	Boys B	35	100 Butterfly	Boys A
13	100 Backstroke	Girls A	36	200 Mixed Free Relay	B
14	100 Backstroke	Boys A	37	200 Mixed Free Relay	Open
15	400 Free Relay	Girls B	38	100 I.M.	PARA
16	400 Free Relay	Boys B	39	100 I.M.	Girls B
17	400 Free Relay	Girls A	40	100 I.M.	Boys B
18	400 Free Relay	Boys A	41	200 I.M.	Girls A
19	50 Breaststroke	PARA	42	200 I.M.	Boys A
20	50 Breaststroke	Girls B	43	200 Free Relay	Girls B
21	50 Breaststroke	Boys B	44	200 Free Relay	Boys B
22	100 Breaststroke	Girls A	45	200 Free Relay	Girls A
23	100 Breaststroke	Boys A	46	200 Free Relay	Boys A