

## 2024 BC School Sports Vancouver Island Aquatic Championships

Sunday, October 20, 2024

Nanaimo Aquatic Centre

741 Third Street

Nanaimo BC V9R 7B2

[www.vihighschoolswimming.ca](http://www.vihighschoolswimming.ca)

### MEET PACKAGE

**Host School:** Nanaimo District Secondary School

#### Meet Officials

Meet Manager: Shelly Johnson/Laurel Laternus

Meet Referee: Glenn Greig

Clerk of Course: Mark Duffell

Recorder/Scorer: Kate Palmer/Paul Miller

Colorado Timing: TBD

#### Meet Schedule

Check in for Swimmers/Officials/Teachers/Coaches: 8:30 a.m. to 10:00 a.m.

Group A Warmup: 9:00 a.m. to 9:30 a.m.

Group B Warmup: 9:30 a.m. to 10:00 a.m.

Group C Warmup: 10:00 a.m. to 10:30 a.m.

Dive/Sprint lanes will open with 10 minutes left in each session.

Scratches due by 9:30 a.m.

Officials/Timers Meeting: 10:00 a.m. (Jack Little Room B)

Coaches Meeting: 10:35 a.m. (Jack Little Room B)

Events: 11 a.m. to 4:30 p.m. \*estimated

Course: 25 metres - 8 Lanes, 2 Cool Down Lanes in Shallow Pool  
Starting blocks and Colorado Timing System

**Note: This is an BC School Sport Aquatics Provincial Qualifying Zone Meet.**

**This meet is not sanctioned by Swim BC.**

**BCSS Aquatics Rules:**

[https://www.bcschoolsports.ca/sites/default/files/BCSS%20Aquatics%20Handbook\\_0.pdf](https://www.bcschoolsports.ca/sites/default/files/BCSS%20Aquatics%20Handbook_0.pdf)

## IMPORTANT DATES

October 2, 2024 Wednesday: BCSS Team registration deadline (STARS)

October 10, 2024 Thursday, 10:00pm: Zone Meet entry and Tshirt sizing deadline.

October 15, 2024 Tuesday 12:00pm: Scratches due for Zone Meet

October 16, 2024 Wednesday: BCSS Roster athlete registration deadline (STARS)

November 2, 2024 Saturday: Scratches due to VI Zone Rep for Provincial Advancers

## BC School Sports Team Sport Registration

It is the Athletic Director's responsibility to ensure their school is registered with BC School Sports (BCSS) and in Aquatics by the October 2, 2024 deadline. Roster registration for each athlete must be completed in STARS by October 16, 2024. BCSS will assess penalty fines for late registrations.

## VI ZONE MEET ENTRY INSTRUCTIONS

**Zone Meet Entry Deadline:** Thursday, October 10, 2024 at 10:00pm

- **NEW:** Meet entries and T shirt orders are to be completed through our Google form at: <https://forms.gle/mNodTQyDudzMCVem6>. Note we are no longer using Excel sheets from last year. Please do not use Hytek Lite for entries.
- **NOTE:** Late entries will not be accepted.
- Swimmers must record a time at the Zone Meet in any one event to be eligible to swim at the Provincial Championship Meet.
- Enter swimmers for events under their own school, regardless of who coaches them.
- A psych sheet and fee report will be sent by e-mail on Sunday October 13, 2024. Please review for any errors and advise of necessary corrections. Corrections and Scratches must be returned to: [viswimentries@gmail.com](mailto:viswimentries@gmail.com) prior to Noon **Tuesday October 15, 12:00pm**. Corrections are for input errors only and are not intended to change swimmers' events after the psych sheet is published. Save and print your entries to bring to the meet.
- Once the meet is seeded, scratches will be taken, but the meet WILL NOT BE RESEEDDED.
- Remember to enter PARA swimmers in the B category events. After Zones they will be seeded in the appropriate Event number for Provincial Championships.

**Entry fees: \$35 (Includes a commemorative T Shirt)** per swimmer up to a maximum of 4 events, including relays & alternates

Cheques made payable to **Salt Spring Island Aquatic Society** due to the Clerk of the Course at the Zone Meet. E transfers may be made to [treasurer@saltspringstingrays.com](mailto:treasurer@saltspringstingrays.com)

## Warm up

- Warm up lane assignments will be sent by email, posted on the VI Zone Website and posted at the meet
- Two warm up/cool down lanes will be available throughout the meet in the east competition pool.

- Coaches are to instruct and supervise their swimmers on how to enter the pool (no diving except in designated sprint lanes or when only going in one direction).
- **Sprint/Dive Lanes:** Lanes 1 & 2 and 7 & 8 in the competition deep pool will open with 10 minutes remaining in each session for Dives and Sprints.

## Volunteers

Volunteers are needed to run the meet! Parents, this is you!

- Timers
- Deck Officials: SwimBC and BCSSA officials are required.
- Refreshment attendant.

Sign up online: <https://www.signupgenius.com/go/8050C4FAAAE2DA7F94-51053918-2024>

More details on VI High School Zone Swimming are available on our website at

[www.vihighschoolswimming.ca](http://www.vihighschoolswimming.ca)

## Refreshments:

Refreshment for coaches, officials and timers will be available in the Jack Little room off the main lobby. We encourage timers and officials to get a snack before or after their shifts.

## Swimmer Categories:

All swimmers are limited to a total of four events including alternate entries. This is an unsanctioned meet; no times recorded at this meet by SNC / SwimBC members may be used for Provincial or National Qualification or any Team selection.

**BC School Sports Aquatics Categorization rules are outlined from pages 105 to 107 in the BC School Sports handbook at <https://midd.me/Bi63>**

All swimmers must be correctly classified in the appropriate category or they will be disqualified in their individual events and relays. Please ensure your swimmers are honest about their swimming background. A complaint could result in a severe impact on the swimmer's school's results.

## A Category

- **Any swimmer with an SNC number who has competed in a Winter Swim Meet OR has swum with a year-round club as of September 1 of the previous year is classified as an A category swimmer.**
- Swim academy athletes must participate in the A category only.
- B swimmers can compete in any A Category due to no SNC sanction. No SNC number is required to swim in the A Category.
- International swimmers that have participated with a year-round club in their own country are considered A swimmers.

## **B Category**

- B Category swimmers train and compete from May 1<sup>st</sup> to September 1<sup>st</sup> with no restrictions.
- From September 2<sup>nd</sup> to April 30<sup>th</sup> a B swimmer may train with their high school team and may participate in other speed swimming training such as winter maintenance, Triclub, and private coaching. They may not compete in a Winter Swim Meet with an SNC number.
- Any swimmer in the A category who is registered in a B event will be disqualified from the Meet. This includes relay teams.
- B swimmers may swim in B or A category relays but may not swim in the same relay in both the A and B event. (Ex. 200 Free A Relay or 200 Free B Relay, but not both).
- B swimmers are not permitted to swim in both A and B individual events of the same race.

## **Para Category**

- A Para swimmer can compete in any BCSS event. He or she will be placed in order of finish by gender. Enter all Para swimmers in B Events only. Para swimmers will be placed in the appropriate event number at Provincials.

## **Zone Championship Meet Rules**

1. All competitors must be registered with BC School Sports and meet BCSS eligibility rules. Any swimmer who is not registered faces disqualification and/or school fines.
2. Competitors must wear only one swimsuit. For boys, the suit shall not extend above the navel or below the knee. For girls, the suit shall not cover the neck, nor extend past the shoulder, nor extend below the knee. All swimsuits shall be made from textile materials and have no zippers.
3. Each swimmer is limited to a total of 4 events. These events may be individual swims, relays or a combination. Listing as an alternate on a relay will count as one of the 4 events.
4. All entries must have times; No-time entries will not be accepted. The time is for seeding purposes. This ensures that swimmers swim against others with similar times.
5. Start will be a series of short whistle blasts followed by a long whistle at which time the swimmers will mount the blocks. The Referee will signal the starter by an outstretched arm, following which the starter will instruct the swimmers to "take their marks" and will then cause a beep signal. The swimmers will start on the beep signal.
6. A-category swimmers may not compete in B events.
7. B-category swimmers may compete in A-Category events (both individual and relays).

## **Relay Rules**

8. Any swimmer who swims at the zone meet is eligible to swim on a relay at the Provincial meet.
9. Mixed relay events must include 2 boys and 2 girls. Single gender schools are not permitted to combine for the purposes of creating a mixed relay.
10. No more than 2 teams from each school will be allowed to compete at Zones in each relay event.

## TEAM REGISTRATION: Day of Meet

The team's teacher sponsor or approved designate must check in with the Clerk of Course on the pool deck before Warm Ups. You will need to have the following for your swimmers to participate at the Zone Meet:

- 1) Payment – Please make all cheques payable to Saltspring Island Aquatic Society or arrange for E Transfer to [treasurer@saltspringstingrays.com](mailto:treasurer@saltspringstingrays.com).  
**If advance E transfer or bringing a cheque to the meet is not possible payment can be mailed to VI Zone Rep at 215 Woodland Drive, Saltspring Island BC V8K 1K2.**
- 3) Sponsor Teacher/Coach Contact Information: Please ensure that contact information for each school's coach or teacher is entered along with entries on the google form.

## SWIMMER SUPERVISION

If a sponsor teacher/coach is not accompanying the swimmer(s), a designated parent or alternate needs to have a letter from the school authorizing them to make decisions on behalf of the school (eg. DQ protests, etc). Please ensure to include contact information with meet entries so we can contact you with questions or emergencies.

## PROVINCIAL MEET ENTRY INFORMATION

The 2024 Provincial Meet will be held in Richmond at Watermania November 15th and 16th 2024.

Details on the BC School Sports Website:

[https://provincials.bcschoolsports.ca/leagues/custom\\_page.cfm?clientID=6992&leagueID=34347&pageID=22283](https://provincials.bcschoolsports.ca/leagues/custom_page.cfm?clientID=6992&leagueID=34347&pageID=22283)

The VI Zone Provincial Meet births are: 5

- Top 5 entries in each individual event.
- Top 5 relay teams per relay event advance, with the EXCEPTION that only two relays from the same school per event may advance to Provincials.
- Following the Zone meet **ALL scratches** are due to viswimentries@gmail.com by **Saturday, November 2, 2024, 5:00pm, even if swimmers/relays are not in an advancing position.** This includes any alternates who may move into spots. Alternates will not be allowed after the scratch deadline. Reminder: Schools are responsible for payment to the Aquatic Commission for swimmers who scratch after the Nov 12th Provincial scratch deadline.
- Following the Zone meet, revised qualification lists will be posted on the VI Zone website to reflect new qualifiers due to scratches. It is important that school representatives/coaches review regularly as scratches may move swimmers into qualifying positions. Failure to do so may prevent swimmers the opportunity to participate at provincials.

## AWARDS AND SCORING

Meet T Shirts will be included in meet fees in lieu of certificates and ribbons.

T Shirt sizes are to be submitted along with swimmer meet entries.

### Points System for Scoring the Zone Championship Meet

#### Individual events

1 <sup>st</sup>	2 <sup>nd</sup>	3 <sup>rd</sup>	4 <sup>th</sup>	5 <sup>th</sup>	6 <sup>th</sup>	7 <sup>th</sup>	8 <sup>th</sup>
10	8	6	5	4	3	2	1

#### Relay events

1 <sup>st</sup>	2 <sup>nd</sup>	3 <sup>rd</sup>	4 <sup>th</sup>	5 <sup>th</sup>	6 <sup>th</sup>	7 <sup>th</sup>	8 <sup>th</sup>
20	16	12	10	8	6	4	2

PARA scoring is a reverse format and based on the number of swimmers in each event.

Example: 8 swimmers (20-18-16-15-14-13-12-11)

4 swimmers (14-13-12-11)

1 swimmer (11)

### **BOB SMIRL AQUATIC AWARD - Vancouver Island region**

Bob Smirl was a dedicated swimmer (backstroker), who made a lifelong commitment to developing and promoting swimming in the community.

The Bob Smirl Aquatic Award will be made to a graduating student by random draw during the Zone Meet.

The winner(s) will be announced on October 20, 2024 during the Vancouver Island zone meet.

**VANCOUVER ISLAND ZONE SWIMMING CHAMPIONSHIPS  
ORDER OF EVENTS**

**Events: 11 a.m. to 4:30 p.m.**

<b>Event #</b>	<b>Event</b>	<b>Category</b>	<b>Event #</b>	<b>Event</b>	<b>Category</b>
<b>1</b>	200 Medley Relay	Girls B	<b>24</b>	100 Freestyle	PARA
<b>2</b>	200 Medley Relay	Boys B	<b>25</b>	100 Freestyle	Girls B
<b>3</b>	200 Medley Relay	Girls A	<b>26</b>	100 Freestyle	Boys B
<b>4</b>	200 Medley Relay	Boys A	<b>27</b>	100 Freestyle	Girls A
			<b>28</b>	100 Freestyle	Boys A
<b>5</b>	50 Freestyle	PARA			
<b>6</b>	50 Freestyle	Girls B	<b>29</b>	200 Mixed Medley Relay	B
<b>7</b>	50 Freestyle	Boys B	<b>30</b>	200 Mixed Medley Relay	A
<b>8</b>	50 Freestyle	Girls A			
<b>9</b>	50 Freestyle	Boys A	<b>31</b>	50 Butterfly	PARA
			<b>32</b>	50 Butterfly	Girls B
<b>10</b>	50 Backstroke	PARA	<b>33</b>	50 Butterfly	Boys B
<b>11</b>	50 Backstroke	Girls B	<b>34</b>	100 Butterfly	Girls A
<b>12</b>	50 Backstroke	Boys B	<b>35</b>	100 Butterfly	Boys A
<b>13</b>	100 Backstroke	Girls A			
<b>14</b>	100 Backstroke	Boys A	<b>36</b>	200 Mixed Free Relay	B
			<b>37</b>	200 Mixed Free Relay	A
<b>15</b>	400 Free Relay	Girls B			
<b>16</b>	400 Free Relay	Boys B	<b>38</b>	100 I.M.	PARA
<b>17</b>	400 Free Relay	Girls A	<b>39</b>	100 I.M.	Girls B
<b>18</b>	400 Free Relay	Boys A	<b>40</b>	100 I.M.	Boys B
			<b>41</b>	200 I.M.	Girls A
<b>19</b>	50 Breaststroke	PARA	<b>42</b>	200 I.M.	Boys A
<b>20</b>	50 Breaststroke	Girls B			
<b>21</b>	50 Breaststroke	Boys B	<b>43</b>	200 Free Relay	Girls B
<b>22</b>	100 Breaststroke	Girls A	<b>44</b>	200 Free Relay	Boys B
<b>23</b>	100 Breaststroke	Boys A	<b>45</b>	200 Free Relay	Girls A
			<b>46</b>	200 Free Relay	Boys A